



**UNIVERSITY  
of TORONTO**



## Section 11 - Social Support

This section is about the help you receive from and give to others.

**?** Please look at the following situations.  
**Circle the groups of people who you would receive help from, and who you would give help to.**

[For this page, please CIRCLE ALL That Apply]

[Use the WORKSHEET to refresh your memory]

	HouseHold members	Immediate Family	Other Relatives	or go to Neighbours	currently School with	know only Work with	from oRgAnizations	Other FRiends	OTHer
<b>Advice on important matters</b>									
Receive advice from	HH <sub>0</sub>	IF <sub>1</sub>	OR <sub>2</sub>	N <sub>3</sub>	WS <sub>4</sub>	NL <sub>5</sub>	RG <sub>6</sub>	FR <sub>7</sub>	OT <sub>8</sub>
Give advice to	HH <sub>10</sub>	IF <sub>11</sub>	OR <sub>12</sub>	N <sub>13</sub>	WS <sub>14</sub>	NL <sub>15</sub>	RG <sub>16</sub>	FR <sub>17</sub>	OT <sub>18</sub>

### Advice about new job opportunities

Receive advice from	HH <sub>20</sub>	IF <sub>21</sub>	OR <sub>22</sub>	N <sub>23</sub>	W <sub>24</sub>	NL <sub>25</sub>	RG <sub>26</sub>	FR <sub>27</sub>	OT <sub>28</sub>
Give advice to	HH <sub>30</sub>	IF <sub>31</sub>	OR <sub>32</sub>	N <sub>33</sub>	WS <sub>34</sub>	NL <sub>35</sub>	RG <sub>36</sub>	FR <sub>37</sub>	OT <sub>38</sub>

### Care for a serious health condition

Receive care from	HH <sub>40</sub>	IF <sub>41</sub>	OR <sub>42</sub>	N <sub>43</sub>	WS <sub>44</sub>	NL <sub>45</sub>	RG <sub>46</sub>	FR <sub>47</sub>	OT <sub>48</sub>
Provide care to	HH <sub>50</sub>	IF <sub>51</sub>	OR <sub>52</sub>	N <sub>53</sub>	WS <sub>54</sub>	NL <sub>55</sub>	RG <sub>56</sub>	FR <sub>57</sub>	OT <sub>58</sub>

### Help with home renovations

Receive help from	HH <sub>60</sub>	IF <sub>61</sub>	OR <sub>62</sub>	N <sub>63</sub>	WS <sub>64</sub>	NL <sub>65</sub>	RG <sub>66</sub>	FR <sub>67</sub>	OT <sub>68</sub>
Give help to	HH <sub>70</sub>	IF <sub>71</sub>	OR <sub>72</sub>	N <sub>73</sub>	WS <sub>74</sub>	NL <sub>75</sub>	RG <sub>76</sub>	FR <sub>77</sub>	OT <sub>78</sub>

### Help looking for information about a health issue

Receive help from	HH <sub>80</sub>	IF <sub>81</sub>	OR <sub>82</sub>	N <sub>83</sub>	WS <sub>84</sub>	NL <sub>85</sub>	RG <sub>86</sub>	FR <sub>87</sub>	OT <sub>88</sub>
Give help to	HH <sub>90</sub>	IF <sub>91</sub>	OR <sub>92</sub>	N <sub>93</sub>	WS <sub>94</sub>	NL <sub>95</sub>	RG <sub>96</sub>	FR <sub>97</sub>	OT <sub>98</sub>

### Advice on using a personal computer

Receive advice from	HH <sub>100</sub>	IF <sub>101</sub>	OR <sub>102</sub>	N <sub>103</sub>	WS <sub>104</sub>	NL <sub>105</sub>	RG <sub>106</sub>	FR <sub>107</sub>	OT <sub>108</sub>
Give advice to	HH <sub>110</sub>	IF <sub>111</sub>	OR <sub>112</sub>	N <sub>113</sub>	WS <sub>114</sub>	NL <sub>115</sub>	RG <sub>116</sub>	FR <sub>117</sub>	OT <sub>118</sub>

### To be there just to talk about the day

They will be there to listen to you	HH <sub>120</sub>	IF <sub>121</sub>	OR <sub>122</sub>	N <sub>123</sub>	WS <sub>124</sub>	NL <sub>125</sub>	RG <sub>126</sub>	FR <sub>127</sub>	OT <sub>128</sub>
You will be there to listen to them	HH <sub>130</sub>	IF <sub>131</sub>	OR <sub>132</sub>	N <sub>133</sub>	WS <sub>134</sub>	NL <sub>135</sub>	RG <sub>136</sub>	FR <sub>137</sub>	OT <sub>138</sub>